

Title	Link	Description
Transracial Children's Books & Resources	https://wifamilyconnectionscenter.org/library-assets/resources-for-transracial-families/	A curated collection of books and resources to help transracial families celebrate their children's cultural and racial heritage and support positive identity development.
Holiday Plan of Action Checklist	https://wifamilyconnectionscenter.org/library-assets/checklist-for-celebrating-the-holidays/	A step-by-step checklist to help foster, adoptive, and kinship families prepare for the holidays, manage expectations, and ease transitions for children.
Education & Adoption (Tip Sheet)	https://wifamilyconnectionscenter.org/library-assets/education-adoption-working-students-families/	Practical guidance for collaborating with schools and educators to meet the unique needs of students who have been adopted or are in foster care.
Prioritizing Self-Care	https://wifamilyconnectionscenter.org/library-assets/prioritizing-self-care/	Strategies for caregivers to prioritize their own well-being so they can continue to provide consistent, loving care for the children in their home.
Supporting Transgender Youth	https://wifamilyconnectionscenter.org/library-assets/supporting-transgender-youth/	Resources and guidance for caregivers on how to affirm and support transgender youth in foster and adoptive families.
Shared Parenting Starts with Strong Communication Skills	https://wifamilyconnectionscenter.org/library-assets/shared-parenting-starts-with-strong-communication-skills/	Tips for foster caregivers and birth parents on building effective communication habits that support a child's stability and the goal of reunification.
Empowering Caregivers: 12 Strategies for Supporting Children with Complex Needs and Behaviors	https://wifamilyconnectionscenter.org/library-assets/empowering-caregivers-12-strategies-for-supporting-children-with-complex-needs-and-behaviors-preventing-burnout/	Twelve actionable approaches for caregivers managing challenging behaviors, designed to build connection, reduce conflict, and prevent caregiver burnout.
Birth Parent and Caregiver Partnerships: Working Together to	https://wifamilyconnectionscenter.org/library-assets/birth-parent-and-caregiver-partnerships-	Guidance for birth parents and caregivers on building a collaborative relationship that centers the child's needs and supports the path to reunification.

Support Reunification	working-together-to-support-reunification/	
Explaining a Parent's Absence as a Relative Caregiver	https://wifamilyconnectionscenter.org/library-assets/explaining-a-parents-absence-as-a-relative-caregiver/	Practical language and tips for grandparents and other relative caregivers navigating honest, age-appropriate conversations with children about a parent's absence.
The Emotional Journey of Relative Caregiving (Tip Sheet)	https://wifamilyconnectionscenter.org/library-assets/emotional-journey-relative-caregiving/	An exploration of the complex emotions—grief, love, frustration, and pride—that grandparents and other relatives experience when stepping into a primary caregiver role.
Tribal Nations of Wisconsin (Virtual Resource Kit)	https://wifamilyconnectionscenter.org/library-assets/virtual-resource-kit-tribal-nations-of-wisconsin/	A comprehensive collection of resources highlighting the history, sovereignty, culture, and child welfare connections of Wisconsin's tribal nations.
Matters of the Heart: Mental Wellness for Children & Youth	https://wifamilyconnectionscenter.org/library-assets/matters-of-the-heart-mental-wellness-for-children-youth/	An overview of children's mental health needs and practical strategies for caregivers to nurture emotional well-being in children who have experienced trauma.
Play, Laugh, Connect: Strengthening Bonds Through Play	https://wifamilyconnectionscenter.org/library-assets/play-laugh-connect-strengthening-bonds-through-play/	Simple, joyful activities and ideas for caregivers to build attachment and deepen relationships with children through the everyday power of play.
The Journey of Forgiveness: How to Teach Your Children (Tip Sheet)	https://wifamilyconnectionscenter.org/library-assets/teaching-forgiveness-for-big-hurts/	Guidance for caregivers on helping children understand and practice forgiveness, including age-appropriate approaches for processing big hurts.
Comfort Calls: Building Connections and Easing Transitions for Children and Families	https://wifamilyconnectionscenter.org/library-assets/comfort-calls-building-connections-and-easing-transitions-for-children-and-families/	An introduction to comfort calls and how families can use regular phone or video check-ins to maintain connection and support children through placement transitions.
The Benefits of Stability: Creating Safety	https://wifamilyconnectionscenter.org/library-assets/the-benefits-of-stability-creating-safety-trust/	An overview of how consistent routines and predictable environments help children who have experienced trauma develop

& Trust (Tip Sheet)		feelings of safety, trust, and resilience.
Celebrating Racial and Cultural Roots: 5 Joyful Activities for Connection	https://wifamilyconnectionscenter.org/library-assets/celebrating-racial-cultural-roots-5-joyful-activities-for-connection/	Five hands-on activities designed to help families honor and celebrate a child's racial and cultural identity in meaningful, everyday ways.
Caregivers Can Make a Difference in the Lives of Siblings	https://wifamilyconnectionscenter.org/library-assets/caregivers-can-make-a-difference-in-the-lives-of-siblings/	A guide on the importance of sibling relationships and practical ways caregivers can actively preserve and support sibling connections for children in care.
Big Feelings, Little Bodies: Helping Children Heal from Toxic Stress (Tip Sheet)	https://wifamilyconnectionscenter.org/library-assets/big-feelings-little-bodies-helping-children-heal-from-toxic-stress/	An explanation of toxic stress and its effects on young children, with practical tools for caregivers to provide the co-regulation and healing children need.
Family Matters: Talking to Children in Care About Their Parents (Tip Sheet)	https://wifamilyconnectionscenter.org/library-assets/talking-children-parents/	A guide for foster and kinship caregivers on having honest, compassionate, age-appropriate conversations with children about their parents.
Sensory Signals: Understanding and Supporting Your Child's Need for Movement (Tip Sheet)	https://wifamilyconnectionscenter.org/library-assets/sensory-signals-understanding-and-supporting-your-childs-need-for-movement/	Information on sensory processing differences and caregiver strategies for supporting children who seek or avoid movement as part of their self-regulation.
Welcoming a Child to Your Family With Open Arms and Loving Hearts (Virtual Resource Kit)	https://wifamilyconnectionscenter.org/library-assets/virtual-resource-kit-welcoming-a-child-to-your-family-with-open-arms-and-loving-hearts/	A curated collection of resources for families preparing to welcome a child into their home through foster care, adoption, or kinship placement.
Unlocking Potential: Creating an Environment	https://wifamilyconnectionscenter.org/library-assets/unlocking-potential-creating-an-environment-	Practical strategies for caregivers on building supportive, strengths-based environments that help

Where Autistic Children Can Thrive (Tip Sheet)	where-autistic-children-thrive/	autistic children feel safe and reach their potential.
Healing Forward: 3 Benefits of Understanding Generational Trauma	https://wifamilyconnectionscenter.org/library-assets/healing-forward-3-key-benefits-of-understanding-generational-trauma/	An accessible overview of generational trauma and three key ways that understanding its roots can support healing for children and their families.
Virtual Resource Kit: Supporting Children Through Grief	https://wifamilyconnectionscenter.org/library-assets/virtual-resource-kit-supporting-children-through-grief/	A collection of tools and resources to help caregivers support children who are processing grief and loss related to separation, placement changes, or death.
Parents Working Together for a Brighter Holiday Season	https://wifamilyconnectionscenter.org/library-assets/parents-working-together-for-a-brighter-holiday-season/	Tips for birth parents and foster/kinship caregivers on collaborating during the holiday season to create consistent, positive experiences for children.
Supporting Children from Families Affected by Parental Substance Use – Quick Reference Guide	https://wifamilyconnectionscenter.org/library-assets/supporting-children-from-families-affected-by-parental-substance-use-quick-reference-guide/	A quick reference for caregivers on understanding and supporting children affected by a parent’s substance use disorder, with trauma-informed guidance.
When Your Caseworker Changes	https://wifamilyconnectionscenter.org/library-assets/when-your-caseworker-changes-a-resource-for-foster-and-kinship-parents/	Guidance for foster and kinship parents on navigating caseworker transitions, including how to advocate for continuity and maintain stability for children.
Supported Decision Making	https://wifamilyconnectionscenter.org/library-assets/supported-decision-making/	An introduction to Supported Decision Making (SDM) as a flexible, person-centered alternative to guardianship for adults with disabilities. Covers the benefits of SDM, what a Supported Decision Making Agreement includes, related tools (such as Release of Information forms, Representative Payer, and Power

		of Attorney), and a five-step guide to getting started.
Bear Hug Bernice: Creating Healing Relationships	https://wifamilyconnectionscenter.org/library-assets/bear-hug-bernice-creating-healing-relationships/	A reunification story showing the power of shared parenting, with tips on early communication, empathy, and working together to bring children home.
Embracing Summer: Supporting Children Through Seasonal Transitions	https://wifamilyconnectionscenter.org/library-assets/embracing-summer-supporting-children-through-seasonal-transitions/	Summer transitions can be hard for kids in foster, adoptive, and kinship families. Find practical tools, Wisconsin resources, and caregiver support inside.
Creating Calm: Everyday Regulation Strategies for Parents and Caregivers	https://wifamilyconnectionscenter.org/library-assets/creating-calm-everyday-regulation-strategies-for-parents-and-caregivers/	Simple, practical regulation strategies caregivers can use in the moments they actually have — 10 seconds, one minute, or a few minutes away — to stay grounded while supporting children through big emotions.
A Safe Space for Parents: Connecting with a Support Group	https://wifamilyconnectionscenter.org/library-assets/a-safe-space-for-parents-connecting-with-a-support-group/	A look at why caregivers often hesitate to ask for help — and how connecting with a peer support group can ease isolation, build confidence, and remind you that you're not alone.

