

Therapist List – Southern Wisconsin

(Last updated: February 2026)

The following therapists have been recommended to us by parents and others, and work with foster care and adoption issues. We do not endorse any particular therapist.

Please send corrections or additions to this list to info@wifamilyconnectionscenter.org

Children's Therapy Network

(Multiple Providers)

639 Struck St.

Madison, WI

608-234-5990

Web: www.ctn-madison.com

Services: Occupational Therapy, Speech Therapy, Physical Therapy, Mental Health Services, Diagnostic Assessments

Specialties: Autism Spectrum Disorders, Sensory Processing, Behavioral and Social Difficulties, Developmental Delays & Feeding Concerns

Ages Served: 3-12

Insurance: Medicaid, Private insurance, private pay

Appointments Available: Call for more information

Children's Wisconsin

(Multiple Providers)

1716 Fordem Ave.

Madison, WI

608-221-3511

Web: <https://childrenswi.org/location-directory/locations/community-services/madison-office>

Services: Child & family therapy, behavioral health, mental health

Specialties: Anxiety, ADHD, Behavior problems, Cognitive Behavioral Therapy, Depression, mood disorders, temper tantrum, trauma

Ages Served: 3 & up

Insurance: Medicaid, Private insurance

Appointments Available: Mon-Fri 8 am-5 pm

Counseling Solutions LLC

Susan LeGrand Levine

725 Heartland Trail

Madison, WI 53717

608-843-3428

Web: <https://counselingsolutionsmadison.com/>

Services: Psychotherapy, Art therapy, Cognitive behavioral, Dialectical behavioral, Guided imagery, interactive guided imagery, Meditation, Motivational therapy, play therapy, Psychodynamic, Support group for adoptees and people considering adoption, certified in animal therapy

Specialties: Certified adoption specialist, Children and adult trauma, Foster-parenting, Mindfulness training, ADD/ADHD, Anxiety & Depression, Autism, Developmental disorders, OCD, Oppositional defiance, School issues, Self-esteem, self-harm, sexual abuse, social skills, teen violence

Ages Served: 6 & up

Insurance: Medicaid, Private insurance, Private pay, sliding scale

Appointments Available: Mon-Fri 9 am-5 pm

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Dulin Psychotherapy Services

Stacey Dulin LPC, MA

735 Lois Dr.

Sun Prairie, WI 53590

608-807-2399

Web: <https://staceydulin.weebly.com/>

Services: Individual, couples and group therapy

Specialties: Anxiety, Depression, Women's and LGBT issues, PTSD, Negative and distorted thinking, Self-esteem, motivation, life transitions, relationships, communication & SuperHero Therapy

Ages Served: Adult adoptees, elders

Insurance: Private insurance, sliding scale, private pay

Appointments Available: Mon-Fri 8 am-5 pm

Genesis Counseling Services

(Multiple providers)

1 S Main St.

Janesville, WI 53545

608-757-0404

Web: <http://www.genescounselingservices.com>

Services: Individual, couples and family counseling, Cognitive-behavioral therapy, Exposure and Ritual prevention, Habit reversal training, Behavior therapy, Parent training, Psychiatric assessment, Medication & Medication management, Mediation

Specialties: ADD, Anxiety & Depression, Child and Adolescent behavior problems, Chronic pain, Eating disorders, Phobias, Anger management, Women's issues, Stress management, Life transitions, Men's issues, LGBT concerns, Sexual abuse & incest, Personality disorders, PTSD

Ages Served: 3 & up

Insurance: Medicaid, Medicare, Forward, BadgerCare, Private insurance, Private pay

Appointments Available: Mon-Fri 8 am-5 pm

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Hope Child and Family Counseling

(Multiple providers)

2000 E Racine St., Suite 100

Janesville, WI 53545

608-563-1819

Web: <https://hopechildandfamilycounseling.com/>

Services: Early intervention, Play therapy, Individual, family & couple's therapy, Group therapy, Alcohol & other drug Therapy, Pediatric therapy

Specialties: Speech-Language therapy, Speech & Language disorders, feeding disorders, Pediatric physical therapy

Ages Served: 3 & up

Insurance: Badgercare, Private insurance, private pay

Appointments Available: Mon-Fri 9 am-8 pm
(Hours vary based on availability)

Huddle Up Care

811 E Washington Ave., Suite 500

Madison, WI

844-536-8266

Web: www.dotcomtherapy.com

Email: support@dotcomtherapy.com

Services: Pediatric therapy at home, school, or the clinic

Specialties: Speech, Behavioral & Occupational Therapy

Ages Served: 0-21

Insurance: Medicaid, Private insurance

Appointments Available: Mon-Fri 8 am-5 pm

Kind Therapy, LLC

Sara Kind, MS, LMFT, LPC

700 Rayovac Dr., Suite 320

Madison, WI 53711

608-886-9595

Web: www.kindtherapyllc.com

Email: Sara@Kindtherapyllc.com

Services: Individual & couples therapy, Trauma therapy, Perinatal Therapy, New parent workshops, Child/Family therapy

Specialties: Trauma Focused Cognitive Behavior therapy

Ages Served: 3 & up

Insurance: Badgercare, Private insurance, private pay

Appointments Available:

Mon & Tue 8:30 am-5:00 pm

Wed 8:30 am-6:00 pm

Thu 8:30 am-5:00 pm

Fri Closed

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LifeStance

(Multiple providers)

5315 Wall St., Suite 290

Madison, WI 53719

608-236-4460

Web: www.lifestance.com

Services: Therapy & Psychiatry Services, Full range behavioral health for children, adolescents, adults & new parents

Specialties: ADHD, Abuse/Domestic violence, Adjustment disorders, Adolescent/Teen issues, Alcohol & Drug use issues, Anger management, Anxiety, Body image issues, Couples/Marital counseling, Depression, DBT, Divorce/Separation, Eating disorders, Family therapy, Grief/Loss, LGBTQ+, Mood disorders, OCD, PTSD/Trauma, Panic Attacks, Personality disorders

Ages Served: 3 & up

Insurance: Forward, Medicare, Private insurance, private pay

Appointments Available:

Mon-Fri 7 am-8 pm

Sat 10 am-6 pm

Natural Wisdom Counseling

Jessica Dallman, MA, LPC NCC

Snapdragon Farm & Stables

1523 WI-78 Trunk

Mt. Horeb, WI 53572

701-870-0022

Web: <http://www.naturalwisdomcounseling.com/>

Services: Counseling & Therapy

Specialties: EMDR Therapy, Gestalt Equine Psychotherapy, Early Childhood & Family Mental Health, Gender identity & sexual orientation, Multicultural and Transracial Adoption Identities, Attachment Issues, Deaf & Hard of Hearing (ASL fluent)

Ages Served: 3 & up

Insurance: Medicaid, Private Pay, Sliding scale

Appointments Available:

Waiting list will open in 2023

Olive Grove Psychotherapy, LLC

Madison Mayer, MSW, LCSW

6302 Odana Road, Suite 115

Madison, WI 53719

608-957-7353

Web: <https://www.olivegrovewi.com>

Email: madison@olivegrovewi.com

Services: Individual and group psychotherapy

Specialties: Trauma, Grief and Loss, Chronic Pain/Illness, Relationship Issues, Life Transitions, Family Conflict, Anxiety, Depression, Disordered Eating

Ages Served: Teens, Adult Adoptees,

Adoptive/foster parents, Birth Parents

Insurance: Dane County CCS, private insurance, private pay

Appointments Available: 9 am-6 pm Monday, Tuesday, Thursday; 9 am-4 pm Friday

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Orion Family Services, Inc.

(Multiple Providers & Locations in Madison, Janesville & Monroe)

26 Schroeder Court, Suite 210

Madison, WI 53711

608-270-2511

Web: <https://orionfamilyservices.org/>

Services: Outpatient therapy, In-home family therapy, Parent programs

Specialties: Anxiety & Depression, Trauma/PTSD, Emotional Dysregulation, ADD/ADHD, Anger Management, Attachment, Oppositional Defiance, School-Related issues, Divorce/Separation, Stress Management, Panic Attacks, Grief & Loss

Ages Served: 3 & up

Insurance: Badgercare, Private insurance, private pay

Appointments Available: Mon-Fri 8 am-5 pm

The Pauquette Center for Psychology

(Multiple Providers & Locations)

2702 International Lane

Madison, WI 53704

608-405-5716

Web: <https://pauquette.com/>

Email: info@pauquette.com

Services: Psychotherapy, Psychological Assessment & Testing, Group Therapy, Supervised Family Visitation

Specialties: ADD/ADHD, Mood or Emotional problems, Domestic violence, Anger Management, Self-esteem, Personality disorders, Alcohol and Substance Abuse Treatment, Obsessive thinking & Compulsive Behaviors, Effects of Trauma & Abuse, Child & Adolescent Behavior Problems, Parenting Support, Marriage & Relationship problems

Ages Served: 3 & up

Insurance: Medicaid, Private insurance, private pay

Appointments Available: Mon-Fri 8 am-5 pm

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UW Health-Behavioral Health

Youth & Family

(Multiple Providers)

122 E Olin Ave.

Madison, WI

608-262-1111

Web:

<https://www.uwhealth.org/locations/behavioral-health-youth-and-family-240>

Services: Multi-Dimensional Family Therapy,
Trauma-Informed Cognitive Behavioral Therapy

Specialties: Teens, Adoptive/foster parenting

Ages Served: 3 & up

Insurance: Badgercare, Private insurance, private pay

Appointments Available:

Mon-Thu 8:30 am-6 pm

Fri 8:30 am-12:30 pm