

Tip Sheet	Link
Adoption Has No Age Limits: Adult Adoptions	https://wifamilyconnectionscenter.org/library-assets/adoption-no-age-limits-adult-adoptions/
Adoption in the Media & Entertainment	https://wifamilyconnectionscenter.org/library-assets/adoption-media-entertainment/
After the Storm: Tips to Help Restore Calm	https://wifamilyconnectionscenter.org/library-assets/after-the-storm-tips-to-help-restore-calm/
Away From Home: Caring for Your Child and Yourself During an Out-of-Home Care Placement	https://wifamilyconnectionscenter.org/library-assets/away-from-home/
The Balance Beam of Life: Caring for Yourself While Caring for Your Kids	https://wifamilyconnectionscenter.org/library-assets/balance-beam/
Being a Sensational Single Parent	https://wifamilyconnectionscenter.org/library-assets/sensational-single-parent/
The Benefits of Stability: Creating Safety & Trust	https://wifamilyconnectionscenter.org/library-assets/the-benefits-of-stability-creating-safety-trust/
Big Feelings, Little Bodies: Helping Children Heal From Toxic Stress	https://wifamilyconnectionscenter.org/library-assets/big-feelings-little-bodies-helping-children-heal-from-toxic-stress/
Caregiver Trauma & Resilience: Tips to Keep Caring	https://wifamilyconnectionscenter.org/library-assets/caregiver-trauma-resilience-tips-to-keep-caring/
Caring for a Child or Youth with Special Healthcare Needs	https://wifamilyconnectionscenter.org/library-assets/special-healthcare-needs/
Caring for a Child Whose Parent is in Jail or Prison	https://wifamilyconnectionscenter.org/library-assets/caring-child-whose-parent-jail-prison/
Caring for Children and Youth with Fetal Alcohol Spectrum Disorder	https://wifamilyconnectionscenter.org/library-assets/fetal-alcohol-spectrum-disorder/

Caring for a Baby with Neonatal Abstinence Syndrome	https://wifamilyconnectionscenter.org/library-assets/caring-baby-neonatal-abstinence-syndrome-nas/
Caring for a Child Whose Sibling(s) Live Elsewhere	https://wifamilyconnectionscenter.org/library-assets/caring-child-whose-siblings-live-elsewhere/
Caring for Children Under Five	https://wifamilyconnectionscenter.org/library-assets/caring-children-under-five/
Caring for the Hair of Your African American Child	https://wifamilyconnectionscenter.org/library-assets/caring-hair-african-american-child/
Celebrating the Holidays with Children You Foster	https://wifamilyconnectionscenter.org/library-assets/celebrating-holidays-children-foster/
The Changing Role of Caregivers: Grandparents	https://wifamilyconnectionscenter.org/library-assets/changing-role-caregivers-grandparents/
Child Sex Trafficking: Signs, Risk Factors, and Tips to Keep Kids Safe	https://wifamilyconnectionscenter.org/library-assets/child-sex-trafficking-signs-risk-factors-and-tips-to-keep-kids-safe/
Choosing a Foster Care Agency	https://wifamilyconnectionscenter.org/library-assets/choosing-a-foster-care-agency/
Coming Out of the Dark: The Impact of Domestic Violence on Children & Youth and How to Help Promote Healing	https://wifamilyconnectionscenter.org/library-assets/coming-dark-impact-domestic-violence-children-youth-help-promote-healing/
Communicating about Kids in Care: Stigmas & Stereotypes	https://wifamilyconnectionscenter.org/library-assets/communicating-about-kids-in-care-understanding-stigmas-stereotypes/
Creating a Legal Family Through Stepparent Adoption (Also available in Spanish)	https://wifamilyconnectionscenter.org/library-assets/creating-legal-family-stepparent-adoption/
Creating a Safe Space: Healthy Boundaries for Children Impacted by Sexual Abuse	https://wifamilyconnectionscenter.org/library-assets/creating-a-safe-space-healthy-boundaries-for-children-impacted-by-sexual-abuse/

Creating Safe School Experiences: Strategies for LGBTQ+ Parents	https://wifamilyconnectionscenter.org/library-assets/creating-safe-school-experiences-strategies-for-lgbtq-parents/
Depression in Teens Who Were Adopted: What Families Need to Know	https://wifamilyconnectionscenter.org/library-assets/depression-teens-adopted-families-need-know/
Digital & Social Media Safety Tips for Caregivers	https://wifamilyconnectionscenter.org/library-assets/online-safety-tips-caregivers/
Education & Adoption: Working with Students and Families	https://wifamilyconnectionscenter.org/library-assets/education-adoption-working-students-families/
The Emotional Journey of Relative Caregiving	https://wifamilyconnectionscenter.org/library-assets/emotional-journey-relative-caregiving/
Empowering Your Child to Share Their Adoption Story	https://wifamilyconnectionscenter.org/library-assets/empowering-children-share-adoption-stories/
Fact or Fiction: Common Misconceptions about Adoption	https://wifamilyconnectionscenter.org/library-assets/fact-fiction-dispelling-common-misconceptions-adoption/
Family Matters: Talking to Children in Care About Their Parents	https://wifamilyconnectionscenter.org/library-assets/talking-children-parents/
Final Preparations: Getting Yourself and Your Child Ready for Adoption Finalization	https://wifamilyconnectionscenter.org/library-assets/final-preparations-getting-child-ready-adoption-finalization/
Fostering a Child with an IEP	https://wifamilyconnectionscenter.org/library-assets/fostering-child-iep/
Foster Care Firsts: What Your Journey May Include	https://wifamilyconnectionscenter.org/library-assets/foster-care-firsts-what-your-journey-may-include/
Foster Care, Grief & Loss	https://wifamilyconnectionscenter.org/library-assets/foster-care-grief-loss/
Foster Parents and Social Workers: Allies & Advocates for Youth in Care	https://wifamilyconnectionscenter.org/library-assets/foster-parents-social-workers-allies-advocates-youth-care/

Fostering Older Youth	https://wifamilyconnectionscenter.org/library-assets/fostering-older-youth/
From One Generation to the Next: Understanding Generational Trauma	<i>Coming October 2025</i>
Getting Started as a Relative or Kinship Caregiver	https://wifamilyconnectionscenter.org/library-assets/getting-started-relative-kinship-caregiver-2/
Grief & Loss: Making Space for Healing	https://wifamilyconnectionscenter.org/library-assets/grief-loss-making-space-for-healing/
Helping Children & Youth in Care Achieve School Success	https://wifamilyconnectionscenter.org/library-assets/helping-achieve-school-success/
Helping Children Cope with Loss	https://wifamilyconnectionscenter.org/library-assets/helping-children-cope-with-loss/
Helping Children in Care Build Trusting Relationships	https://wifamilyconnectionscenter.org/library-assets/helping-children-care-build-trusting-relationships/
Helping Kids in Care Change Schools	https://wifamilyconnectionscenter.org/library-assets/helping-kids-care-change-schools/
Helping Teens in Care Transition to Adulthood	https://wifamilyconnectionscenter.org/library-assets/helping-teens-care-transition-adulthood/
Helping to Heal Invisible Hurts: The Impact of In-Utero Stress & Trauma	https://wifamilyconnectionscenter.org/library-assets/helping-heal-invisible-hurts-impact-utero-stress-trauma/
Honoring Your Child's Racial & Cultural Identity	https://wifamilyconnectionscenter.org/library-assets/honoring-childs-racial-cultural-identity/
How Do I Choose an Adoption Agency to Help Me Make an Adoption Plan?	https://wifamilyconnectionscenter.org/library-assets/choose-adoption-agency-help-make-adoption-plan/
I'm Ready to Adopt! How Do I Choose an Adoption Agency?	https://wifamilyconnectionscenter.org/library-assets/choose-adoption-agency/

The Importance and Significance of Indigenous Hair	https://wifamilyconnectionscenter.org/library-assets/the-importance-and-significance-of-indigenous-hair/
The Importance of Documentation	https://wifamilyconnectionscenter.org/library-assets/importance-documentation/
Is Adoption or Guardianship a Better Fit?	https://wifamilyconnectionscenter.org/library-assets/adoption-guardianship-better-fit/
Is Fostering a Good Fit? Things to Consider	https://wifamilyconnectionscenter.org/library-assets/fostering-good-fit-us-things-consider/
Is Guardianship the Right Choice for Your Adult Child with Disabilities?	https://wifamilyconnectionscenter.org/library-assets/is-guardianship-the-right-choice/
The Journey of Forgiveness: Learning to Live a Life of Forgiveness	https://wifamilyconnectionscenter.org/library-assets/journey-forgiveness-learning-live-life-forgiveness/
Keepers of the Flame: How Stories Empower Tribal Identity	https://wifamilyconnectionscenter.org/library-assets/keepers-of-the-flame-how-stories-empower-tribal-identity/
Learning to Let Go: Coping With Reunification Anxiety	https://wifamilyconnectionscenter.org/library-assets/learning-let-go-coping-reunification-anxiety/
Making the Most of Therapy for the Child in Your Care	https://wifamilyconnectionscenter.org/library-assets/making-the-most-of-therapy-for-the-child-in-your-care/
Missing Pieces: Talking to Your Child About Adoption When Information is Limited	https://wifamilyconnectionscenter.org/library-assets/missing-pieces-talking-child-adoption-information-limited/
Navigating Family Relationships as a Relative Caregiver	https://wifamilyconnectionscenter.org/library-assets/navigating-family-relationships-relative-caregiver/
Navigating Homework Challenges: Understanding Triggers for Children in Alternative Living Arrangements	https://wifamilyconnectionscenter.org/library-assets/navigating-homework-challenges/

Not for Forever: When Adoption Isn't an Option	https://wifamilyconnectionscenter.org/library-assets/not-forever-adoption-isnt-option/
Not Too Old for Forever: Adopting an Older Youth	https://wifamilyconnectionscenter.org/library-assets/not-old-forever-adopting-older-youth/
Parenting Siblings Connected through Trauma	https://wifamilyconnectionscenter.org/library-assets/parenting-siblings-connected-through-trauma/
Planning Ahead: Working Together for Successful Interactions	https://wifamilyconnectionscenter.org/library-assets/planning-ahead-working-together-successful-interactions/
Positive Parenting for Kids from Hard Places	https://wifamilyconnectionscenter.org/library-assets/positive-parenting/
Post-Adoption Depression Syndrome: I Thought I'd Be Happy	https://wifamilyconnectionscenter.org/library-assets/post-adoption-depression-syndrome/
Preparing Kids in Your Home for Fostering	https://wifamilyconnectionscenter.org/library-assets/preparing-kids-home-fostering/
Preparing to Go to Court	https://wifamilyconnectionscenter.org/library-assets/preparing-go-court/
Promoting Healthy Cultural Identity for Children of Color Living in Transracial Families	https://wifamilyconnectionscenter.org/library-assets/promoting-healthy-cultural-identity-for-children-of-color-living-in-transracial-families/
Protecting & Affirming LGBTQ+ Young People in Foster Care	https://wifamilyconnectionscenter.org/library-assets/protecting-affirming-lgbtq-young-people-in-foster-care/
Recognizing Trauma Triggers	https://wifamilyconnectionscenter.org/library-assets/recognizing-trauma-triggers/
Respecting the Confidentiality of Children in Care and Their Families	https://wifamilyconnectionscenter.org/library-assets/respecting-confidentiality-children-care-families/
Self-Harming Behaviors: How You Can Help Your Child	https://wifamilyconnectionscenter.org/library-assets/self-harming-behaviors-how-you-can-help-your-child/
Sensory Signals: Understanding and	https://wifamilyconnectionscenter.org/library-assets/sensory-signals-understanding-and-supporting-your-childs-need-for-movement/

Supporting Your Child's Need for Movement	
Setting Healthy Boundaries in a Co-Parenting Relationship	https://wifamilyconnectionscenter.org/library-assets/setting-healthy-boundaries/
Setting Up for Success: Establishing Household Rules	https://wifamilyconnectionscenter.org/library-assets/establishing-household-rules/
Shared Parenting: Putting the Needs of Children First	https://wifamilyconnectionscenter.org/library-assets/shared-parenting-putting-needs-children-first/
Sibling Conflict in Adoptive Families	https://wifamilyconnectionscenter.org/library-assets/sibling-conflict-adoptive-families/
Somebody to Lean On: Connecting with a Parent Group	https://wifamilyconnectionscenter.org/library-assets/somebody-lean-connecting-creating-support-group/
Supporting Children Who Have Experienced Trauma	https://wifamilyconnectionscenter.org/library-assets/supporting-children-experienced-trauma/
Supporting LGBTQIA+ Youth in Your Care	https://wifamilyconnectionscenter.org/library-assets/supporting-lgbtqia-youth-in-your-care/
Supporting Teens Leaving Care: Resources & Guidance for Foster Parents	https://wifamilyconnectionscenter.org/library-assets/supporting-teens-leaving-care/
Supporting the Social-Emotional Learning and Development of Children in Your Care	https://wifamilyconnectionscenter.org/library-assets/supporting-social-emotional-skills/
Sustaining & Strengthening the Sibling Bond	https://wifamilyconnectionscenter.org/library-assets/sustaining-strengthening-sibling-bond/
Teaching Forgiveness for Big Hurts	https://wifamilyconnectionscenter.org/library-assets/teaching-forgiveness-for-big-hurts/
Ten Tips to Survive an Allegation	https://wifamilyconnectionscenter.org/library-assets/ten-tips-survive-allegation/
Through the Lens of Adoption: Understanding Child	https://wifamilyconnectionscenter.org/library-assets/lens-adoption-understanding-child-development-adoptions-impact/

Development & Adoption's Impact	
Tips for International Adoption Travel	https://wifamilyconnectionscenter.org/library-assets/tips-for-international-adoption-travel/
Tips to Help When Kids Wet the Bed	https://wifamilyconnectionscenter.org/library-assets/tips-to-help-when-kids-wet-the-bed/
Tips to Manage Crisis Behavior	https://wifamilyconnectionscenter.org/library-assets/tips-to-manage-crisis-behavior/
Uncovering Myths about Therapy	https://wifamilyconnectionscenter.org/library-assets/uncovering-myths-therapy/
Under the Microscope: Maltreatment Allegations	https://wifamilyconnectionscenter.org/library-assets/microscope-dealing-maltreatment-allegations/
Understanding Sensory Processing Disorder	https://wifamilyconnectionscenter.org/library-assets/understanding-sensory-processing-disorder/
Unlocking Potential: Creating an Environment Where Autistic Children Thrive	https://wifamilyconnectionscenter.org/library-assets/unlocking-potential-creating-an-environment-where-autistic-children-thrive/
Ways to Help Children and Youth in Care	https://wifamilyconnectionscenter.org/library-assets/ways-help-youth-children-care/
We Are Family! Tips for LGBTQIA+ Parents Caring for Children	https://wifamilyconnectionscenter.org/library-assets/tips-for-lgbtqia-parents-caring-for-children/
Welcome Books: Building Connections	https://wifamilyconnectionscenter.org/library-assets/welcome-home-books-building-connections/
What Do These Behaviors Mean?	https://wifamilyconnectionscenter.org/library-assets/what-do-these-behaviors-mean/
What Do These Behaviors Mean? How Children Process & Respond to Trauma	https://wifamilyconnectionscenter.org/library-assets/what-do-these-behaviors-mean-how-children-process-respond-to-trauma/
What Grief Looks Like for Children & Youth in Foster Care	https://wifamilyconnectionscenter.org/library-assets/grief-looks-like-children-youth-foster-care/
What to Consider When Considering Adoption	https://wifamilyconnectionscenter.org/library-assets/considering-adoption/

What to Do While You Wait to Adopt	https://wifamilyconnectionscenter.org/library-assets/what-to-do-while-you-wait/
Why Challenging Behaviors Post-Adoption May be Signs of Grieving	https://wifamilyconnectionscenter.org/library-assets/challenging-behaviors-may-signs-grieving/
The Wider Scope of Therapy	https://wifamilyconnectionscenter.org/library-assets/wider-scope-therapy/