



# Virtual Resource Kit:

## *Transracial Parenting*



Race and culture matter. By educating ourselves and challenging our own beliefs and biases, we can help children navigate their racial and ethnic development. These resources will help you better understand the crucial role you play in helping a child of a race other than yours feel connected to and develop a positive self-identity.

## Tip Sheets

### Promoting Healthy Cultural Identity for Children of Color Living in Transracial Families

As a parent, you understand that your role is to protect and advocate for the children in your care. But, as a transracial parent, you also need to be an ally. This tip sheet provides clear direction around the challenges of helping children develop a healthy racial and cultural identity.

### Honoring Your Child's Racial and Cultural Identity

This tip sheet includes ideas to assist your family in embracing its new identity as a multi-racial family. It also serves as a guide to understanding what that means for all family members.

## Champion Classrooms Courses and Webinars

### Anti-racist Parenting: Inside Transracial Adoption

Talking about race and racism is never easy. But silence speaks volumes—especially to a child of color growing up in a home with white parents. This webinar discusses specific action steps in talking to kids about racism—and goes beyond just acknowledging racial injustice to celebrating the beauty, creativity, and resilience of our children's racial and cultural heritage.

### A Transracial Adoptee Panel and Discussion

Four adult adoptees (international, private, and public adoption) share their experiences regarding race and racism while growing up in transracial families. They share both the challenges and the ways their parents were able to walk beside them on their journey.

*The webinars above are from our ongoing free Transracial Parenting Series. This series of webinars is intended to bring a greater awareness of the importance of racial and ethnic identity to a child's healthy development and so much more.*

## No Matter What Families Video

### Race and Transracial Parenting

Transracial families in Wisconsin get real about their experiences with race. The stories shared are from both parents' and children's perspectives.

## Resource Library Items

Partners Newsletter: Transracial Adoption

Partners Newsletter: Exploring Culture

## ***Resource Library Items***

### **Fostering Across Wisconsin Newsletter: Transracial Parenting**

#### ***Inside Transracial Adoption, by Gail Steinberg and Beth Hall***

The two authors have worked with thousands of transracial and transcultural adoptive families and offer detailed guidance for families about tough issues they will have to face related to race and adoption.

#### ***So you want to talk about race, by Ijeoma Oluo***

In this breakout book, the author explores the complex reality of today's racial landscape—from white privilege and police brutality to systemic discrimination, and the Black Lives Matter movement—offering straightforward clarity that readers need to contribute to the dismantling of the racial divide.

#### ***Antiracist Baby, by Ibram X. Kendi***

A book for all ages that celebrates differences and introduces readers to the concepts and power of antiracism.

#### ***Uncomfortable Conversations with a Black Man, by Emmanuel Acho***

The author takes on all the questions, large and small, insensitive and taboo, many white Americans are afraid to ask—yet to which all Americans need the answers.

## ***Additional Weblinks and Recommended Online Resources***

**YWCA in Southeast Wisconsin** is on a racial justice mission. Sign up for their e-newsletter or take an Unlearning Racism course.

**Families Rising** has articles about transracial parenting.

Questions? Contact the Wisconsin Family Connections Center at 1-800-762-8063  
or at [info@wifamilyconnectionscenter.org](mailto:info@wifamilyconnectionscenter.org).