

Therapist List – Northern and Western Wisconsin

(Last updated: May 2025)

The following therapists have been recommended to us by parents and others and work with foster care and adoption issues. We do not endorse any particular therapist.

Please send corrections or additions to this list to info@wifamilyconnectionscenter.org

Anchor Bay Counseling (Spooner & Ladysmith)

W7164 Green Valley Rd. Suite2
Spooner, WI
715-939-1393

804 W 9th St. North, Suite B
Ladysmith, WI
715-609-1777

Web: www.anchorbaycounseling.com

Services Provided: Individual, marriage counseling

Specialties: Depression & anxiety, Adolescent behavioral issues

Ages Served: Teens, expectant parents

Insurance: Medicaid, Medicare, Private Insurance

Appointments Available:

Mon-Thu 8 am-5 pm
Fri 8 am-12 pm
Evenings on a limited basis

August Integrative Therapy

Jamie Sanders, APSW, LGSW

50 W 2nd St.
Winona, MN 55987

507-313-4103

Web: <http://augustintegrativetherapy.com/>

Email: sanders.jamie2@gmail.com

Services Provided: Individual, couples/marriage & family counseling, Teen therapy

Specialties: Stress, Trauma, Grief, Depression & anxiety, childhood abuse,

Ages Served: 3 & up

Insurance: Private pay, sliding scale (call for details)

Appointments Available: Mon-Fri 8 am-5 pm

Beacon Mental Health

(Multiple providers)

1421 N Broadway, Suite 114b
Menomonie, WI 54751

Text or Call 715-619-67367

Web: www.beaconmentalhealthresources.com

Email: support@beaconmhr.com

Services Provided: Child, individual, couples & family counseling

Specialties: EMDR, Sex therapy, Christian counseling, LGBTQIA+, Autism, military & more

Ages Served: 3 & up

Insurance: Medicaid, Private Insurance, Fee schedule

Appointments Available: Call for availability

Behavioral Health Clinic

(Multiple Providers)

3600 Stewart Ave. Suite B
Wausau, WI

2417 Post Rd.

Stevens Point, WI

715-842-9500

Web: <https://wibehavioralhealth.com>

Email: appointments@bhcvausau.com

Services Provided: Individual & group therapy, LGBTQIA+ Affirming therapy, Neurodiverse counseling, School-based Mental Health, Assessments

Specialties: Parenting skills, Attachment, RAD, Challenging behaviors

Ages Served: 3 & up

Insurance: Call for Medicaid, Badgercare, Forward, Private Insurance, private pay

Appointments Available: Mon-Fri 8 am-5 pm

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Brave Spaces Counseling & Wellness

(Multiple Providers)

605 4th St. S

La Crosse, WI

608-615-1023

Web: <https://www.brave-spaces.org/>

Services Provided: Individual, couples/marriage & family counseling, Teen therapy

Specialties: Stress, Trauma, Grief, Depression & anxiety, childhood abuse

Ages Served: 3 & up

Insurance: Private pay, sliding scale (call for details)

Appointments Available: Mon-Fri 8 am-5 pm

The Centre for Well Being Inc.

(Wausau, Merrill & Weston)

901 N 6th St.

Wausau, WI

4601 Camp Phillips Rd.

Weston, WI

715-848-5022

Web: <https://www.centreforwellbeing.net/>

Services Provided: Individual, couples & family counseling

Specialties: Cognitive behavior therapy, Rational emotive behavior therapy, Motivational interviewing, DBT, Radically open DBT, EMDR therapy, TBRI, Trauma therapy

Ages Served: 6 & up, adult adoptee

Insurance: Medicaid, Private insurance

Appointments Available:

Mon-Sun 8 am-8 pm

Night and weekend appointments available (call for details)

Children's Wisconsin

(Multiple Providers)

2004 Highland Ave., Suite M

Eau Claire, WI

715-835-5915

Web: <https://childrenswi.org/location-directory/locations/specialty-clinics/eau-claire-clinic>

Services Provided: Individual & family therapy,

Specialties: Social, emotional and/or behavioral concerns, Trauma-informed

Ages Served: 3 & up

Insurance: Medicaid, Private Insurance

Appointments Available: Mon-Fri 8 am-5 pm

Clinic for Christian Counseling

(Multiple Providers)

3410 Oakwood Mall Dr., Suite 700

Eau Claire, WI

715-832-1678

Web: <https://cccwi.org/>

Services Provided: Child, teen adult and family counseling, Bible based perspective Brainspotting, Experiential Play Therapy, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, EMDR

Specialties: ADHD, Grief & loss, Situational stress, Abuse, Marital conflict, Parenting issues, Blended family issues, problems at school, peer conflict

Ages Served: 3 & up, Adult adoptees

Insurance: Medicaid, Private Insurance

Appointments Available:

Mon-Thu 8 am-5 pm

Fri 8 am-12 pm

Evening hours available by appointment

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Ellie Mental Health

111 Riverfront St., Suite 103

Winona, MN 55987

507-479-3079

Web: <https://elliementalhealth.com/>

Services Provided: Individual, couples & family therapy, CTSS, In-home therapy, Medication management, Play therapy, Trauma-informed, EMDR

Specialties- Adoption Support, Depression & anxiety, PTSD, OCD, Bipolar disorder, Eating disorders, Psychosis, Borderline Personality Disorder, Narcissistic Personality Disorder, Dissociative disorders, ADHD, ODD, Conduct disorder, Phobia, Self-harm and more

Ages Served: 6 & up, Adult adoptees

Insurance: Private insurance

Appointments Available:

Mon-Fri 8:30 am-8:30 pm

Family & Children's Center

1707 Main St.

La Crosse, WI

608-668-2254

Web: <https://www.fcconline.org/>

Services Provided: Individual, couples/marriage & family counseling, Teen therapy

Specialties: Stress, Trauma, Grief, Depression & anxiety, childhood abuse

Ages Served: 3 & up

Insurance: Private pay, sliding scale (call for details)

Appointments Available: Mon-Fri 8 am-5 pm

Ho-Chunk Nation

Web: https://health.ho-chunk.com/Behavioral_Health/

Ho-Chunk Nation provides in the following offices: Black River Falls, Tomah, LaCrosse, Wittenberg, Nekoosa and Baraboo.

All DBH offices are dual licensed with Wisconsin for DHS 75 – Community Substance Abuse Services and DHS 35 – Outpatient Mental Health. DBH provides the standards required in the delivery of Behavioral Health services and brings a uniqueness that integrates Ho-Chunk cultural values and beliefs with current best practice models.

Please call the Behavioral Health's Patient Registration for appointment scheduling at: 715-284-9851 ext. 35014 (Ho-Chunk Health Care Center) and 888-552-7889 ext. 35583.

Peace of Mind Counseling

115 5th Ave., #501

La Crosse, WI

Web: <https://pomcounselingllc.com>

Services Provided: Individual, couples/marriage & family counseling, Teen therapy

Specialties: Stress, Trauma, Grief, Depression & anxiety, childhood abuse

Ages Served: 3 & up

Insurance: Private pay, sliding scale (call for details)

Appointments Available: Mon-Fri 8 am-5 pm

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Hope Road Wellness Center, LLC

107 Hope Road West
Frederic, WI
715-869-6484
Web: www.hoperoadwellness.com
Email: kristhompson@hoperoadwellness.com

Services Provided: Child, adolescent, individual & family therapy

Specialties: Trauma-focused Cognitive Behavior Therapy, Grief/loss, trauma, Depression & anxiety

Ages Served: 3 & up

Insurance: Medicaid, Private Insurance

Appointments Available: Flexible & by appointment only

Marshfield Clinic Plover Counseling Center

2450 Vineyard Dr.
Plover, WI
715-342-0290
Web:
<https://www.marshfieldclinic.org/Locations/Centers/PloverCounselingCenter>

Services Provided: Individual & family counseling, treatment

Specialties: ADHD/ADD, Depression & Anxiety, Relationship counseling, Family counseling, Parenting support, Grief, Stress management, Trauma & abuse recovery, Bi-polar disorder, Gender dysphoria

Ages Served: Teens, Adult adoptees, Adoptive/foster parents

Insurance: Medicaid, Private insurance

Appointments Available: Mon-Fri 8 am-5 pm

The Music Therapist Company LLC

3740 Spooner Ave., Suite C
Altoona, WI
715-271-5936
Web: <https://www.musictherapist.co/>
Email: sheila@musictherapist.co

Services Provided: Individual & family therapy

Specialties: Social, emotional and/or behavioral concerns, Trauma-informed

Ages Served: 3 & up

Insurance: Medicaid, Private Insurance

Appointments Available: Mon-Fri 8 am-5 pm

Nature's Edge Therapy Center

2523 14 ¾ Ave.
Rice Lake, WI
715-859-6670
Web: www.naturesedgetherapycenter.org
Email: naturesedge@citizens-tel.net

Services Provided: Outpatient therapy (speech, occupational & physical therapy utilizing animal assistants, hippotherapy, horticulture) Intensive, inpatient therapy

Specialties: Autism, Brain Injury, Cerebral Palsy

Ages Served: 3 & up

Insurance: Private Insurance, Private Pay

Appointments Available: Please call

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Northlakes Community Clinic

15954 Rivers Edge Dr.

Hayward, WI

715-634-2541

Web: <https://nlccwi.org/>

Services Provided: Behavioral health, Pediatric therapies, Prescription services, Psychiatric Medication Management, Recovery, Occupational therapy, Pediatric speech therapy

Specialties: Trauma, Anxiety & depression, Eating disorders, OCD, Grief & Loss, Parenting & family issues

Ages Served: 3 & up

Insurance: Medicaid, Badgercare, Private Insurance, sliding fee scale

Appointments Available: Mon 7 am-5 pm

Tue & Wed 7 am-6 pm

Thu & Fri 7 am-5 pm

Peak Behavioral Health LLC

(Multiple Providers)

2864 Middle St. Suite 100

Little Canada, MN 55117

651-493-2055

Web: <https://peakbehavioralhealthmn.com>

Services Provided: Children, teen, couples & family therapy, Medication management

Specialties: Anxiety & depression, bullying, life changes, anger outbursts, self-harm, low self-esteem

Ages Served: 6 & up

Insurance: Medicaid, Private Insurance

Appointments Available:

Mon-Fri 8 am-9 pm

Sat 8 am-5 pm

Scenic Bluffs Community Health

238 Front St.

Cashton, WI

608-654-5100

Services Provided: Individual, couples/marriage & family counseling, Teen therapy

Specialties: Stress, Trauma, Grief, Depression & anxiety, childhood abuse

Ages Served: 3 & up

Insurance: Private pay, sliding scale (call for details)

Appointments Available: Mon-Fri 8 am-5 pm

Stein Counseling and Consulting Services, Ltd.

(Multiple providers)

571 Braund St.

Onalaska, WI

608-785-7000 Ext. 2003

Web: <https://effectivebehavior.com/>

Services Provided: Individual, couples/marriage & family counseling, Christian counseling, Custody & placement, Neurosequential Model of Therapeutics (NMT), Play therapy, Trauma focused Cognitive Behavioral therapy

Specialties: Anxiety & depression, fear, Trauma, grief, ADD, Behavior issues, Attachment related insecurities, Bullying, Self-esteem

Ages Served: 3 & up

Insurance: Medicaid, Private insurance

Appointments Available:

Mon-Thu 8 am-6 pm

Fri 8 am-2 pm

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Stonehouse Counseling

(Multiple providers)

414 S East Ave.

Viroqua, WI

608-638-3332

Web: <https://www.stonehousecares.com/>

Email: info@stonehousecares.com

Services Provided: Individual, children, couples/marriage & family counseling

Specialties: Stress reduction, Cognitive-behavioral therapy, Internal Family Systems, EMDR, Child Parent Psychotherapy, Therapy

Ages Served: 3 & up

Insurance: Medicaid, Private insurance

Appointments Available: Mon-Fri 8 am-5 pm

Therapy Redeemed LLC

Cameron Lee Small, MS

Bloomington, MN

952-333-4688

Web: <https://therapyredeemed.wordpress.com/>

Email: therapyredeemed@gmail.com

Services Provided: Online individual, family & group therapy, Group tele-health options, Individualized adoption support

Specialties: Parent guidance, trauma & recovery, depression & anxiety, Biblical counseling, non-violent crisis intervention

Ages Served: Teens, Adult adoptees, Adoptive/foster parents

Insurance: Private Pay

Wholehearted Herd Counseling LLC

242031 County Rd. Y

Aniwa, WI

715-200-3838

Web:

<http://www.wholeheartedherdcounseling.com/>

Email: contact@wholeheartedherdcounseling.com

Services Provided: Trauma-Focused Equine Assisted Therapy

Specialties: Trauma, Regulation, Family Attachment, EMDR

Ages Served: 6 & up, Adoptive/foster families

Insurance: Private pay

Appointments Available: Call for availability