

## Intensive Foster Care Parents

### Agency Support Recommendations

In addition to the required support referenced in the [Levels of Care Desk Guide](#), the following agency support ideas are recommended for foster parents providing Intensive Foster Care.

- 24/7 crisis support with mobile response capacity
- Each youth's team to include case manager, a mental health professional, and as deemed necessary or appropriate a nurse and behavior analyst
- Build a network/community amongst foster parents
  - Weekly (best practice to support networking) or monthly support meetings with provided respite coverage
  - Mentorship
  - Respite
    - Given the complex needs of children and youth placed in this program, it is recommended that respite providers whenever possible are licensed foster parents at a level of 2 or higher.
    - Give consideration to requiring a certain amount of respite be utilized each month. (for example, two weekends a month or four individual nights)
- Consider partnering with county CCS program or other in-home service providers to refer eligible youth at the time of placement to ensure timely services.
- TFC Case Manager to hold a smaller case load (4-5 youth) in order to provide more intensive services
  - At least weekly contact via phone/email or face to face
  - At least bi-weekly contact in person - consideration for more during the first 90 days of placement