

## **Nurturing Connections Public Adoption**

To reach the total of 25 hours, pre-adoptive parents must complete the required **19 hours** training listed on the top half of the page. Listed on the bottom half are options that parents can use to complete the 6-hour child specific requirement. Note the 3<sup>rd</sup> column listing themes that also count as foster care training. If this theme was completed during foster care training, it does not need to be taken again.

| <b>Required instructor led themes- in person classroom or Zoom</b>            |           |                                 |
|---|-----------|---------------------------------|
| Attachment  | 2         | Also counts towards FC required |
| Child Development   | 1         | Also counts towards FC required |
| Cultural Humility   | 1         | Also counts towards FC required |
| Parenting a Child with a History of Sexual Trauma                             | 1         | Also counts towards FC required |
| Separation, Grief, and Loss   | 2         | Also counts towards FC required |
| Sexual Development and Identity   | 1         | Also counts towards FC required |
| Trauma Informed Parenting   | 2         | Also counts towards FC required |
| Trauma Related Behaviors  | 2         | Also counts towards FC required |
| Common Feelings Associated with Being Adopted                                 | 1         |                                 |
| Connection with Birth Families After Adoption                                 | 1         |                                 |
| Family Dynamics   | 1         |                                 |
| Life Story: Birth and Adoption Story  | 1         |                                 |
| <b>Required Right Time Training Themes- online, on demand</b>                 |           |                                 |
| Accessing Services and Supports   | 1         | Also counts towards FC required |
| Answering Legal Questions About Public Adoption                               | .5        |                                 |
| Education   | 1         |                                 |
| The Impact of Congregate Care Settings  | .5        |                                 |
| <b>Total number of Required Theme Hours</b>                                   | <b>19</b> |                                 |
| <b>Options for Child Specific Training</b>                                    |           |                                 |
| <b>Instructor Led Theme Options</b>   |           |                                 |
| Building Resilience for Kinship Caregivers                                    | 1.5       | For relative caregivers         |
| Kinship Parenting   | 2         | For relative caregivers         |
| Creating a Stable, Nurturing, Safe Home Environment                           | 2         |                                 |
| Effective Communication   | 1         |                                 |
| Impact of Substance Abuse   | 1.5       |                                 |
| Mental Health Considerations  | 1         |                                 |
| Parenting in Racially and Culturally Diverse Families                         | 1.5       | Also counts towards FC required |
| Preparing For and Managing Intrusive Questions                                | 1         |                                 |
| <b>Right Time Training Theme Options</b>                                      |           |                                 |
| Building Children's Resilience  | 1         |                                 |
| Building Parental Resilience  | 1         |                                 |
| Managing Placement Transitions  | 1         |                                 |
| Preparing for Adulthood   | 1         |                                 |
| Preparing for and Managing Visitations  | 1         |                                 |
| Responding to Children in Crisis  | 1         |                                 |
| Sensory Integration   | 1         |                                 |
| Supporting American Indian Children: Honoring the Past, Empowering the Future | 1         | Also counts towards FC required |

\*A short online on demand 'Welcome and Orientation to Nurturing Connections' course will be required as a prerequisite to begin any of the other classes. There is no training credit given.