

Intensive Foster Care Parents

Training Recommendations

In addition to the required trainings referenced in the [Levels of Care Desk Guide](#), the following training areas are **recommended** for foster parents providing Intensive Foster Care. Agencies would have discretion on which trainings they would require and when these trainings would be taken.

- CPR/First Aid for all age levels
- ACEs/trauma informed care training (examples provided below)
 - Trust Based Relational Intervention (TBRI)
 - Circle of Security
- Crisis Response/De-Escalation
- QPR/Suicide Prevention Training
- Medication Management/Psychotropic Medication
- Cultural Diversity
- Child and Youth Mental Health
 - NAMI Basics
- Shared Parenting - Building Birth Family Relationships
- Strengthening Families and Systems (Counties facilitate if they have been trained and could train others to be able to facilitate)
 - Counties who have facilitated this training: Barron, Washington, Jefferson, Lincoln, Oneida
- Other trainings as deemed necessary related to child specific needs