

Therapist List – Milwaukee Area & Southeastern Wisconsin

(Last updated: May 2024)

The following therapists have been recommended to us by parents and others and work with foster care and adoption issues. We do not endorse any particular therapist.

Please send corrections or additions to this list to info@wifamilyconnectionscenter.org

Alliance Counseling

Barbara Binder ACSW MSW

(Multiple Providers & Locations)

155 E Capitol Dr., Suite 6A
Hartland, WI 53029

2312 N Grandview Blvd. Suite 103
Waukesha, WI 53188

N91W17194 Appleton Ave., Suite 105
Menomonee Falls, WI 53051

Phone: (262) 367-2699

Website: www.alliancecounselingcenter.com

Services Provided: Psychotherapy, therapy, alcohol and drug treatment, psychological testing and evaluation, expert testimony, psychological consultation, forensic psychology issues

Specialties: Child/adolescent issues, adjustment to life change issues, anxiety, PTSD, phobias, depression, bipolar disorder, AODA, ADD/ADHD, developmental issues, Asperger's syndrome, grief, loss, bereavement, abuse/ victimization/trauma issues, anger management

Ages Served: Ages 3 and up

Accepts Medicaid: Yes

Appointments Available: M-F 8 am-9 pm,
Sat 8 am-5 pm

Anne Huebner and Associates, LLC

Anne Huebner PhD

(Multiple Providers)

17100 W. North Ave., Suite 100
Brookfield, WI 53005
Phone: (262) 786-9184

Website: www.annehuebnerandassociates.com

Services Provided: Psychological assessments, therapy, forensic psychology, therapy strategies, psychological evaluations, Christian counseling/faith-based counseling

Specialties: Depression, dysthymia, panic disorder, phobias, anxiety disorder, OCD, PTSD, eating disorders, ADHD, mental disorders, somatoform disorders, dissociative disorders, psychotic disorders, adjustment disorders, personality disorders, marriage and family

Ages Served: Children, teens, adults

Accepts Medicaid: No

Appointments Available:

M-Th. 8 am-7 pm, F 8 am-5 pm,
Sat. 1 pm-4 pm

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Aurora Behavioral Health Center – North Shore

(Multiple Providers)

6980 N. Port Washington Rd. Second Floor

Milwaukee, WI 53217

Phone: (414) 773-4312

Website:

<https://care.aurorahealthcare.org/locations/aurora-behavioral-health-center-6980-n-port-washington-rd-2nd-fl>

Services Provided: Counseling, Therapy

Specialties: Adoption-related issues, depression, anxiety, EMDR

Ages Served: Adolescents, adults

Accepts Medicaid: Yes

Appointments Available: M-F 9 am-6 pm

Aurora Psychiatric Hospital – Outpatient Therapy

1220 Dewey Ave.

Wauwatosa, WI 53213

Phone: (414) 454-6600

Website:

<https://www.aurorahealthcare.org/services/behavioral-health-addiction>

Services Provided: Drug and alcohol assessments, Outpatient & Inpatient programs, counseling, psychotherapy, psychological evaluation, and psychiatry

Specialties: Adult in patient program, adult mental health outpatient programs, adult substance abuse programs, child & adolescent inpatient program, child & adolescent

Ages Served: Ages 5 and up

Accepts Medicaid: No

Appointments Available: Call for availability

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Center for Child Development- Children's Wisconsin

Samantha L. Wilson, Ph.D.

(Multiple Providers & Locations)

1250 N.113th Street, Ste 200

Wauwatosa, WI 53226

Phone: (262) 266-3339

Website: <https://childrenswi.org/medical-care/center-for-child-development/our-specialists>

Services Provided: Developmental and psycho-educational assessments, individual therapy, and parenting support

Specialties: International adoption, early childhood and infant mental health, social-emotional development, behavioral regulation

Ages Served: Infants through adolescents

Insurance Plans: Check with the insurance provider

Accepts Medicaid: Yes

Appointments Available: Call for availability

Children's Wisconsin Mental and Behavioral Health

(Multiple Providers & Locations)

*Contact a mental and behavioral health navigator to find the program, place, or specialist to help your child at 414-266-3339.

Website: <https://childrenswi.org/medical-care/mental-and-behavioral-health/locations>

Services Provided: Individual counseling, family counseling, child & adolescent psychiatry, psychological evaluations, medical reviews, art and play therapy, FREE birth parent counseling

Specialties: Grief and loss, foster care - trauma, abuse, neglect issues; EMDR, adoption issues, at-risk teens; pediatrics, psychiatry, abuse and neglect, adoption, post-traumatic stress disorder, social inclusion and diversity, trauma

Ages Served: Ages 2-18

Insurance Plans Accepted: Check with your provider

Accepts Medicaid: Yes

Appointments Available: M-F 8:30 am-5 pm; Evening times are available by appointment.

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Christian Life Counseling LLC

Tanya Gerhard MCW, LCSW

(Multiple Providers & Locations)

12630 W. North Ave., Building E
Brookfield, WI 53005

W175N11163 Stonewood Dr., Suite 202

Germantown, WI 53002

Phone: (262) 785-1008

Fax: (262) 785-0644

Website: www.christianlifecounseling.net

Services Provided: Psychotherapy, psychological testing, educational testing, therapy, and counseling

Specialties: Depression, sadness, grief/loss, adoption transitions, anxiety, panic, phobias, stress management, traumatic experiences, PTSD, ADD, ADHD, child and adolescent developmental transitions, sexual and emotional abuse healing, anger management, child and adolescent school resistance

Ages Served: Child to senior

Accepts Medicaid: Yes

Appointments Available: M-F morning, limited afternoon and evening; varies with the therapist

Family Options Counseling, LLC

Christina Diorio, PhD

Kimberly Young, PhD

Hinhpalom Phouybanhdyt

(Multiple Providers)

3505 N 124th Street

Brookfield WI 53005

Phone: (414) 431-4444

Website: familyoptions.com

Email: info@familyoptions.com

Services Provided: Child, adolescent, family, group & play therapy, Co-parenting family therapy, psychological evaluations and assessments

Specialties: Adolescent stressors, conduct problems, juvenile delinquency, behavioral control problems, risk-taking behaviors, depression & anxiety, ADHD, autism, trauma, victims of sexual abuse, juvenile sex offenders

Ages Served: 4 and up

Accepts Medicaid: Yes. Also: HMO plans, sliding scale, and some free services

Appointments Available:

Mon-Thu 8 am-8:30 pm

Fri 9 am-5 pm

Sat 9 am-3 pm

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Family Service

(Multiple Locations & Providers)

The Big Yellow House (The C.A.R.E. Center)

726 N. East Ave.

Waukesha, WI 53186

Phone: (262) 544-9622

Fax: (262) 522-3681

Website: www.fswaukesha.org

Services: Child, play & art therapy for foster and adoptive children

Specialties: Trauma and attachment therapy

Ages Served: Ages 3 to 14

Accepts Medicaid: Yes

Appointments Available: M-Th 8:30 am-5 pm

Healing Arts Pathway, Inc.

Kristin Sellke

15460 W. Capitol Drive

Suite 222

Brookfield WI 53005

Phone: (414) 308-0886

Website: www.healingartspathway.com

Services: Therapy

Specialties: Anger management, attachment therapy, adoption-related therapy

Ages Served: Ages 4 and up

Accepts Medicaid: Yes

Appointment Available:

Mon, Tue, Wed 11 am-6 pm

Thu 10 am-6 pm

Life Stance Health Formerly Cornerstone Counseling

(Multiple Providers & Locations)

Phone: (262) 789-1191

Email: ccshelp@ccs2.com

Website:

https://lifestance.com/locations/?user_location=wisconsin

Services: Individual, family, and couples' psychotherapy. Alcohol/drug abuse counseling. Group psychotherapy/special programs. Psychological assessment, medication management

Specialties: ADHD/ADD, adoption issues, anger management, anxiety, Asperger's disorder, attachment disorder, behavioral issues, bipolar disorder, DBT, depression, developmentally disabled, dual diagnosis, eating disorders, EMDR, family reunification/post-treatment reintegration, grief/loss, mediation, mood disorders, OCD, panic disorder, personality disorders, phobias, PTSD, school achievement, step/blended family issues, stress management, thought disorders, trauma, and abuse

Ages Served: Ages 3 & up

Accepts Medicaid: Yes

Appointments Available: Weekday and weekend availability. Daytime and evening hours may vary by location.

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Lutheran Counseling and Family Services

(Multiple Providers and Locations)

3800 N. Mayfair Rd. (Main Office)

Wauwatosa, WI 53222

Phone: (414) 536-8333 or (800) 291-4513

Fax: (414) 536-8348

Website: www.lcfswi.org/

Services Provided: Therapy & Counselling

Specialties: Anxiety, stress, depression, suicidal, rebellious attitudes, behavioral problems, violent tendencies, sexual problems, divorce, death, abuse, anger management, social skills

Ages Served: Ages 5 - 65

Accepts Medicaid: Yes (not Medicare)

Appointments Available: Call for more info

Mind Body Spirit Program

Dr. Lauri Gebhard, PhD

(Multiple Locations)

15300 Watertown Plank Rd. Suite 106

Elm Grove, WI 53122

Phone: (414) 807-8934

Email: info@mindbodyspiritprogram.com

Website: www.themindbodyprogram.com

Services Provided: Individual therapy and pre-adoption evaluations. Virtual services provided nationwide.

Specialties: EMDR, cognitive-behavioral therapy (CBT), hypnosis, meditation and biofeedback, depression, stress, anxiety

Ages Served: Teens and older

Insurance Plans Accepted: Check with your provider

Accepts Medicaid: Yes

Appointments Available:

M-F 8 am-8 pm, Sat. 9 am-12 pm

(hours may vary depending on location)

North Shore Psychotherapy Associates

(Multiple Providers)

5555 N Port Washington Rd. Suite 300

Glendale, WI 53217

Phone: (414) 962-6764

Fax: (414) 962-6765

Website: <https://www.nspamke.com/>

Email:

nspamilwaukee@northshorepsychotherapyassociates.com

Services Provided: Therapy, psychological evaluations, psycho-educational evaluations, consultation, forensic services, services available in Spanish (Bilingual/Bicultural)

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Specialties: Anxiety, separation anxiety, depression, adjustment problems, stress management, anger management/domestic violence, behavioral issues, behavioral disorders/ADHD, child/adult abuse issues (sexual and physical), developmental delays, school and learning issues, adolescent issues, trauma, parenting issues

Ages Served: All Ages

Insurance: Medicaid, Medicare, Private, Straight T-19, T-19 HMOs, Private Pay options

Appointments Available:

M-Th 7 am-7 pm

Fri 7 am-5 pm

Sat Varies by Provider

Pathways Counseling Center

(Multiple Providers)

Lynn Dusold, LCSW

11121 W Oklahoma Ave.

West Allis, WI 53227

Phone: (262) 641-9790 x14

Fax: (262) 641-9791

Website: www.pathwayscounseling.com

Services Provided: Individual and family therapy, evaluations

Specialties: Young children, foster care and adoption issues, trauma attachment, reunification, sexual issues, emotional and behavioral issues, traumatic stress disorder

Ages Served: Ages 6 and up

Accepts Medicaid: No

Appointments Available: Weekday and weekend availability. Daytime and evening hours may vary by provider.

Psychiatric Consultants and Therapists

(Multiple Providers)

Lee Beitzel LCSW, LMFT

Main Location - Downtown

229 E Wisconsin Ave., Suite 600

Milwaukee, WI 53202

Phone: (414) 224-3737

Fax: (414) 224-1522

Website: www.pcandt.com

Services Provided: Individual, family & couples therapy

Specialties: Couple & family therapy, attachment & separation issues, adjustment disorders, anxiety, depression & mood disorders, impulse control & oppositional defiant disorder, ADHD, OCD, PTSD & abuse, sexual identity

Ages Served: Children ages seven and older, adults and families

Insurance Plans: Call for more info

Appointments available: M-F 8 am-5 pm. Appointments may vary by provider.

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Rawhide Youth Services

(Multiple Providers & Locations)

5555 N Port Washington Rd. Suite 207
Glendale, WI 53217

143 E Lincoln Ave.
Milwaukee, WI 53207

Phone: (877) 300-9101

Fax: (920) 982-5040

Website: <https://www.rawhide.org/>

Email: info@rawhide.org

Services Provided: Therapy, life crisis, transition, Residential care, Group Home, Youth Counseling, Occupational therapy

Specialties: Relationship issues, abuse, trauma, attachment and behavioral problems, adoption, foster care, anxiety, depression, addictions, anger management

Ages Served: Ages 8 through adult

Accepts Medicaid: Yes

Appointments Available: M-F 8 am-5 pm, Evenings upon request

The R.E.A.C.H. Comprehensive Mental Health Clinic

(Multiple Providers)

4550 W. Bradley Road
Brown Deer, WI 53223

Phone: (414) 371-1600

Fax: (414) 371-2400

Website: www.reachclinic.org

Email: reachclinic@hotmail.com

Services Provided: Outpatient mental health and AODA counseling, Assessment, Diagnostic evaluation, Psychotherapy, Counseling, Consultation/Evaluation, Vocational Rehabilitation Assessment, Psychological Testing by Referral

Specialties: Depression & Anxiety, Marital conflicts, anger, grief and loneliness, personality disorders, behavioral problems, obsessive behavior, and more

Ages Served: 5 to adulthood

Accepts Medicaid: Yes

Appointments Available: Individuals are registered, and appointment time will vary by provider

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Rondi J. Rork PhD

6015 Durand Ave., Suite 450

Racine, WI 53406

Phone: (262) 884-4848

Fax: (262) 654-9333

Website: www.rrork.com

Email: rondi@rrork.com

Services Provided: Individual and family therapy for adults, adolescents, and children

Specialties: Depression, anxiety/panic attacks, abuse, assault, adoption and foster care issues

Ages Served: Children, adolescents, adults

Accepts Medicaid: Yes

Appointments Available: M 9 am-5 pm, T-Th. 9 am-7 pm

Systemic Perspectives

(Multiple Providers)

Elena Hennick MS, LMFT

2511 N 124th St. Suite 103

Brookfield, WI 53005

Phone: (262) 641-4347

Fax: (262) 641-4350

Website: www.systemicperspectives.com

Services Provided: Therapy, strengths approach

Specialties: Depression and anxiety in children, disability/chronic illness, grief, loss, family of origin issues, adoption, stepfamilies, relationship issues, addiction, parenting concerns, mood disorders, child welfare issues

Ages Served: Ages 3 and up

Accepts Medicaid: Yes

Appointments Available: M-Th. 8 am-8 pm, F 9 am-5 pm, Sat. 8 am-3 pm
Appointments may vary by provider.

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West Grove Clinic, LLC

(Multiple Providers & Locations)

10012 W. Capitol Dr.

Milwaukee, WI 53222

Phone: (414) 810-4844

Fax: (414) 810-4845

Email: westgroveclinic110@gmail.com

Web: <https://www.westgroveclinic.com/>

Services Provided: Cognitive Behavioral Therapy, Dialectal Behavior Therapy, EMDR, Relationship Counseling, Individual therapy

Accepts Medicaid: Yes, and private insurance

Ages Served: Preteen & older

Appointments Available:

Call for appointment availability