



Families Like Mine Conference Resources for Age 55+ Relative Caregivers of Children Saturday, September 14th, 2024

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Aging Resources (GWAAR)

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Vision Statement

People of all ages and abilities, their families, and caregivers will have the support needed to live and be included in their communities.

Steering Committee Organizations

- [Community Living Alliance](#)
- [Empowered Caregiver Community](#)
- [Greater Wisconsin Agency on Aging Resources](#)
- [Milwaukee County Department of Health and Human Services - Aging Services](#)
- [Respite Care Association of Wisconsin](#)
- [WisconsinSibs, Inc.](#)
- [Wisconsin Board for People with Developmental Disabilities](#)
- [Wisconsin Bureau of Aging and Disability Resources](#)



WisconsinCaregiver.Org


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Greater Wisconsin Agency on Aging Resources, Inc (GWAAR)

- Work closely with the other two Area Agencies on Aging or AAA, which are Dane and Milwaukee Counties.
- Technical Assistance, Training, and Ongoing Education for 70 counties and 11 federally recognized tribes
- Offer outreach and public awareness to help ensure the general public is aware of the two caregiver grant programs available in Wisconsin.

Goals of today:

- Define kinship and relative caregiving
- Offer national and state information
- Provide resources
- Assist all of you in enrolling in the National Family Caregiver Support Program and respite grant programs, as eligible.



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What is a grandfamily or relative caregiver?

These are families where grandparents, other relatives, or close family friends are raising children because the children's parents are unable to do so.

[Generations United](#)

Video:

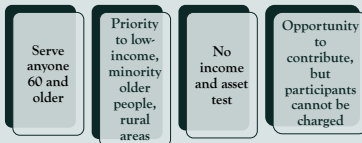
<https://youtu.be/swSCNkWnPL4>
[heir](#)



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Older Americans Act

On August 14, 1965, President Lyndon Johnson signed the Older Americans Act (OAA) into law.



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Older Americans Act (OAA) Title III: State and Community Programs

III Part B: Support Services and Senior Centers

III Part C: Nutrition / Meals
C1 Congregate (group)
C2 Home Delivered

III Part D: Disease Prevention and Health Promotion

III Part E: National Family Caregiver Support Program



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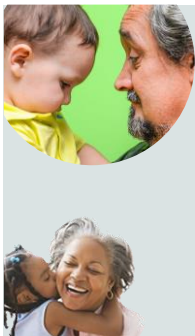
In November 2000, through the reauthorization of the Older Americans Act (OAA), the [National Family Caregiver Support Program](#) or NFCSP became law.

In addition to family caregivers of older individuals, NFCSP provides supportive services to **grandparents and other relatives aged 55 and older who are raising children.**

During the 2020 reauthorization of OAA, the 10% spending limit for grandparents and other relatives aged 55 and older was discontinued.



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National Family Caregiver Support Program

Who is Eligible?

- Caregivers who are 18+ where the Care Recipient is 60+ and the Care Recipient is "Frail"
- Caregivers who are 18+ where the Care Recipient has Early Onset Dementia
- Caregiver is 55+ and the Care Recipient is a relative under the age of 18.
- The caregiver is 55+ and the Care Recipient is between ages 18 and 59 and has a significant disability.
- There are no fees or income requirements to enroll in NFCSP.

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What can the program provide?

- Childcare
- Extra-curricular school activity fees and supplies
- Tutoring or educational aids
- Summer camps
- Transportation
- Home modifications to create a safe environment
- Equipment and supplies necessary for the relative in caring for the child
- Adaptive equipment or assistive technology for the caregiver such as raised toilet seat, grab bars, emergency response system, etc.
- Legal expenses related to establishing guardianship or custody
- Individualized services as approved that assist the relative in caring for the child

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Benefits Check-Up and More!

- National Council on Aging
- Connects millions of older adults and people with disabilities with benefits programs that can help pay for health care, medicine, food, utilities, and more
- Supplemental Nutrition Assistance Program (SNAP)
- [How SNAP Benefits Seniors—and Health Care's Bottom Line \(rwjf.org\)](https://www.rwjf.org/en/about-us/programs-and-services/health-care/snap.html)
- Medicare Part D Prescription Drug Plan Costs
- State Health Insurance Assistance Programs (SHIPs)
- VA benefits
- SSI
- Medicaid
- Medicare
- Medicare Savings Programs
- Prescription Assistance Program
- Assistive Technology Programs
- Explore your health insurance, long-term care insurance, and/or employer health insurance to see what is available and what is covered.

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ADVOCATE!

[RAISE Family Caregiving Advisory Council](https://legis.wisconsin.gov/raise)

Contact your legislatures regarding topics that are important to you! To find out who represents you go to: <https://legis.wisconsin.gov/>, and enter your address in the box underneath "Who Are My Legislators?"

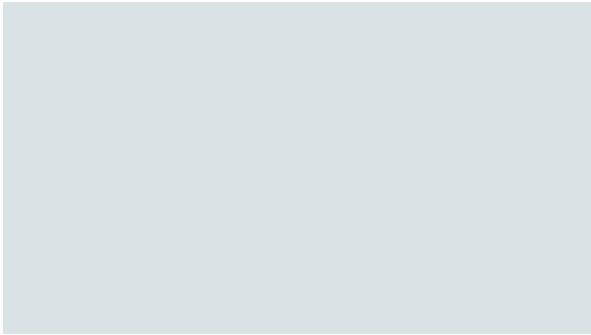
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WisconsinCaregiver.Org

Facebook Wisconsin Family Caregiver [Facebook- WisconsinFamilyCaregiver](https://www.facebook.com/WisconsinFamilyCaregiver)

Email: Bryn.Ceman@gwaar.org
Phone: 608-228-8096

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WELCOME! LET'S TALK RESPITE

PRESENTED BY:
LESLIE THEDE



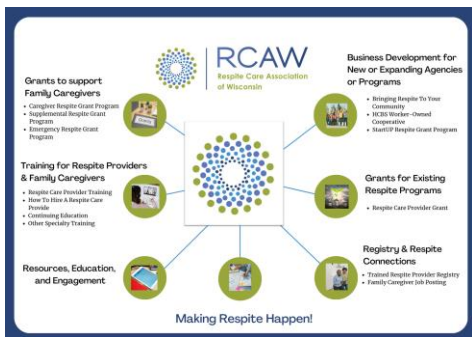
Promote, support, and expand quality statewide respite care across the lifespan-- WE MAKE RESPITE HAPPEN!



RCAW
Respite Care Association
of Wisconsin



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Why is Respite Important?

- While family caregivers often find great satisfaction in providing care to their loved ones, caregiving's physical and emotional demands can contribute to poor caregiver health outcomes, including stress, fatigue, poor sleep, and increased risk for chronic health conditions.
 - What does this mean? Respite care is a critical public health intervention!



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Grants for Family Caregivers



The Caregiver Respite Grant Program provides financial support for family caregivers for up to 5 days of respite care within 30 days of application approval. This grant allows approved applicants to hire the respite care provider of their choice for the care recipient.



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Eligibility Criteria

To be eligible for the grant, applicants (the primary or family caregiver) must have the applicable ADRC, Tribal ADRC, county case manager, etc., complete the [Supporting Documentation Form](#) showing the care recipient:

- 1.Has applied for a Long-term Care Waiver or other programs and not expecting to receive services or approval within thirty (30) days of the application
- 2.Has been denied Long-Term Care Waiver support(s) or other programs that provide respite services
- 3.Has been approved for Term Care Waiver support(s) or other programs that provide respite services and has exhausted funds from said programs
- 4.Has applied and is receiving other supports, and the applicant needs flexibility for services not covered by current funding supports.
- 5.Has not applied for a Long-Term Care Waiver support(s) because they are ineligible for other supports



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CRGP 4 Step Application Process

Step 1: The applicant completes the Eligibility Criteria Form (ECF), and the ADRC or County completes the Supporting Documentation Form (SDF).

Step 2: Once the ECF and SDF have been completed and submitted to RCAW, RCAW will email eligible applicants with a link to the grant application

Step 3: Once RCAW receives the completed CRGP application, RCAW will notify the applicant the application is approved via email with a link to the Grant Report that must be completed and submitted once respite services have been provided.

Step 4: Once RCAW receives the completed Grant Report, the payment for respite is sent, and the applicant receives a link to complete the CRGP Respite Experience Survey. (Applicants can not reapply if they do not submit this survey.)



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Ways we make it easy for consumers!



[STEP-BY-STEP GUIDE: HOW TO APPLY FOR THE CAREGIVER RESPITE GRANT PROGRAM \(CRGP\)](#)

[CLICK HERE](#)



[STEP-BY-STEP VIDEO: HOW TO APPLY FOR THE CAREGIVER RESPITE GRANT PROGRAM \(CRGP\)](#)

[CLICK HERE](#)



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"I so appreciated being "seen" and having concrete support offered, whereas other times, it feels like I have to fight tooth and nail for even the small things that would actually make a difference for our crew. Thank you. It makes it less overwhelming to juggle all the things."



July 01, 2023 - June 01, 2024



- 103 respite care grants awarded statewide
 - 52 grants awarded to underserved populations
 - 22 emergency respite grants awarded
- 7,402 hours of respite care received
- 100% of Impact Survey respondents answered YES to the question, "Did RCAW grant funds positively impact your emotional wellness?"



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Live Preview:

Supporting Documentation Form

[CLICK HERE](#)

The SDF is utilized for the Caregiver Respite and Supplemental Respite Grant Programs.

The SDF verifies that other Long-Term Care (LTC) waivers and caregiver support programs cannot provide respite care services to the applicant, as this program is typically the payor of last resort.



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Supplemental Respite Grant Program

[CLICK HERE](#)

The Supplemental Respite Grant Program supports primary caregivers by providing \$250 for supplemental respite services. Applicants can reapply every 90 days.

This grant allows you to hire the person of your choice to help you with

- housekeeping,
- meal prep,
- laundry,
- lawn care,
- snow removal,
- transportation,
- sensory items, and
- technology.




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Eligible Expenses:

1. Qualified home modifications (does not include construction, painting, remodeling, or wear-and-tear upgrades):
 - Wheelchair ramps,
 - Grab bars,
 - Interior and exterior accessible intervention,
2. Assistive technology, emergency response systems, and home safety interventions (does not include new televisions, new washers/dryers, etc.),
3. Home-delivered meals or in-home meal preparation,
4. Technology to decrease isolation and increase social engagement:
Tablets/Computers to communicate with friends, family, etc.
5. Housekeeping and laundry services,
6. Lawn mowing,
7. Snow removal,
8. Transportation to meaningful or respite activities or medical appointments.
9. Sensory Items



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SRGP 4 Step Application Process

Step 1: The applicant completes the Eligibility Criteria Form (ECF), and the ADRC or County completes the Supporting Documentation Form (SDF).

Step 2: Once the ECF and SDF have been completed and submitted to RCAW, RCAW will email eligible applicants with a link to the grant application

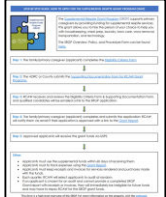
Step 3: Once RCAW receives the completed SRGP application, RCAW will notify the applicant the application is approved via email with a link to the Grant Report and mail the awarded \$250 grant funds.


Step 4: The applicant must track expenses on the Grant Report and keep the documentation if RCAW audits their spending.



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Ways we make it easy for consumers!






[STEP-BY-STEP GUIDE: HOW TO APPLY FOR THE SUPPLEMENTAL RESPITE GRANT PROGRAM \(SRGP\)](#)

[STEP-BY-STEP VIDEO: HOW TO APPLY FOR THE SUPPLEMENTAL RESPITE GRANT PROGRAM \(SRGP\)](#)

[CLICK HERE](#)

[CLICK HERE](#)



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Wisconsin Respite Care Registry

CLICK HERE



REGISTRY

This FREE registry connects those needing respite care with respite care providers. Direct care professionals or providers can sign up to be respite care providers and find meaningful caregiver jobs. Primary caregivers can search this database for in-home or agency-based respite care providers that most closely meet their needs.



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Registry, cont.



- THERE IS NO COST FOR RESPITE PROVIDERS TO BE LISTED ON THE REGISTRY AND NO COST TO FAMILY CAREGIVERS TO SEARCH THE REGISTRY.
- RESPITE PROVIDERS ON THE REGISTRY HAVE COMPLETED THE RESPITE CARE PROVIDER TRAINING COURSE.
- THOSE IN NEED OF RESPITE CARE CAN FILTER THEIR SEARCHES BY COUNTY, AGE OF CARE RECIPIENT, AND TYPE OF RESPITE CARE.

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Juliane Ostman

CLICK TO EXPLORE

Full Name

juliane Ostman

Email

ostmanjuliane@gmail.com

Phone

(715) 790-2462

Address

Barron, WI 5602-0008

Counties Available to Work In

Barron, Rusk, St. Croix, Washburn

Age(s) Willing to Work With

Children, Adults, Elderly

Hours Available to Work

Starting in June I will be available during the daytime. I am available some overnights during the week and every other weekend.

Type of Respite

in-home, facility-based, camp

Experience / History

I am currently employed in an adult family home and have been there for the last 8 years. My clients are or have all had special needs from Down syndrome, autism, developmental delays to physical disabilities. I specialize in challenging behaviors. I have cared for individuals of all ages.

Education / Certifications / Licenses

I completed high school then went to school to be a Certified Massage Therapist. I am certified in CPR, medication administering and a mandated reporter. I have also completed the Respite Care Certificate Program.

List any other trainings you have completed

I do continuing education every few months that range from nutrition to dementia.

Last Registry Access Date


2020-03-27 13:59:00

Provider Region(s)

Western

Added to Registry

2020-03-27 00:00:00



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Respite Connections

This FREE resource allows family caregivers to submit posts with their specific respite needs, for example:

- Age of the care recipient(s),
- Acuity/descriptions of care needs,
- Hours of respite needed,
- Location & county,
- Payment sources.

Respite providers looking for clients can search Respite Connections and contact families to find meaningful jobs providing respite care.

Family caregivers can also search the [Wisconsin Respite Care Registry](#). This database allows families to find in-home or agency-based respite care providers that most closely meet their needs.

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Respite Care

Provider Training


- The Respite Care Provider Training (RCPT) is for people interested in providing respite care to individuals with varying disabilities and ages across their lifespans. Learners can work to complete the ten required online courses at their own pace.
- There is **no cost** for any of the courses. Upon **completion** of The RCPT, learners will have the opportunity to be added to **The Wisconsin Respite Registry**, which is available to primary caregivers to search for respite care providers in their community.
- The RCPT Courses **meet the respite training requirements** for Wisconsin Medicaid Home & Community Based Waiver **También disponible en español**

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RCPT COURSES:



- 101: WHAT IS RESPITE?
- 102: Disability Basics for Respite Providers
- 103: Client Care for Respite Providers
- 104: Medication Awareness for Respite Providers
- 105: Safety Procedures for Respite Providers
- 106: Caring for Challenging Moments for Respite Providers
- 107: Wellness, Household, and Respite Activities
- 108: Professional Ethics and Interpersonal Skills for Respite Providers
- 109: Meeting with the Caregiver and Care Recipient
- 110: Next Steps in Becoming a Respite Provider

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KIT for Caregivers
Knowledge,
Ideas, and
Tools

RCAW's KIT for (primary/family) Caregivers offers free online courses, discussion topics, files, and worksheets covering various topics.





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Respite 101 for Family Caregivers
An introduction of Respite in Wisconsin


Respite 101 for Family Caregivers – An Introduction to Respite in Wisconsin:

This course will provide information about the benefits of respite, the settings in which respite can be found, how funding works for respite care in WI, and how to apply it to major funding sources.

This information is available in two ways: Video Webinar or Online Training Module.



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How to Hire, Train, and Retain Respite Providers

We understand that some caregivers might not have the time or accessibility to take the How to Hire, Train, and Retain Respite Providers course. If so, we have made the worksheets available to download.

How to Hire, Train, and Retain Provider Course Worksheets:

- [Hiring & Circles of Care](#)
- [Interview Questions](#)
- [Interview Situations](#)
- [Getting To Know](#)
- [Training A Respite Provider](#)



[Click Here to Download the Worksheets](#)

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Order our Rack Cards at No Cost!



- About Us
- Free Training Courses
- Respite Connections & Wisconsin Respite Care Registry
- Grants for Family Caregivers

Also available in Spanish!

¡También disponible en español!



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THANK
YOU!



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www.respitecarewi.org
info@resitecarewi.org



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